



Coaching Leader Self-Assessment

Use this assessment in conjunction with our book Coach to Win the Leadership Game. Find the 20 qualities of a coaching leader beginning on page 14. Read the description of each quality carefully and then answer: ***how often you exhibit this coaching leader quality with the following criteria:***

4 = Always 3= Most of the time 2 = Sometimes/Infrequently 1= Never

- 1. Genuine care for others
- 2. Passion to grow people
- 3. Good instincts about what motivates people
- 4. Ability to build and maintain trust
- 5. Produces high levels of personal results
- 6. Have a strong achievement drive
- 7. Emotional intelligence
- 8. Strong communication skills
- 9. Ability to articulate a clear, compelling vision
- 10. Know how to hold people accountable
- 11. Always come from a coaching mindset
- 12. Ability to be consistent
- 13. Healthy amount of ego and humility
- 14. Patience
- 15. Resilience
- 16. Ability to see with an objective eye
- 17. Embody lightness when needed
- 18. Ability to be innovative and creative
- 19. Creates great teams of assistant coaches
- 20. Ability to articulate and model the values

If your score is:

20-50: You definitely have areas you need to work on and would benefit from Coaching to see if coaching leader is a style that would fit you.

51-60: You have started the process of becoming a coaching leader, but appear to have some skills that need improvement to reach your goal.

61-75: You are well on your way to becoming a coaching leader and with some work and practice you can eliminate you current gaps.

76-80: Look at you!!! You are a coaching leader who is hopefully utilizing these skills to develop those around you while continuing to practice these vital qualities.

REFLECTIONS

Based upon the assessment what do you see as your top 3 strengths as a coaching leader?

Based upon the assessment what do you see as your top 3 areas to improve upon as a coaching leader?